



# Grove House School

Sawyers Hall Lane, Brentwood, Essex, CM15 9DA  
Telephone 01277 361498

## Newsletter

Number 028

3<sup>rd</sup> February 2017

### TUDOR DAY



On Wednesday 8<sup>th</sup> February, Grove House will have a visit from Henry VIII!! He will talk to all our KS3 pupils about life during the Tudor times. The pupils will also participate in a jousting event.

### SAINSBURY VOUCHERS

**"Let's get collecting."**

It's that time of year again when we would like everyone to start collecting the Active Kids Vouchers. These vouchers are available in Sainsbury from 25<sup>th</sup> January until 2<sup>nd</sup> May. Please collect as many vouchers as possible. Don't forget to ask your friends and family to kindly donate their vouchers. Thank you for your help.

### BE FOOD SMART



The new Be Food Smart app has been launched and highlights how much sugar, fat & salt can

be found in everyday food and drink. This is a free app and can be downloaded through iTunes store or Google Play. More information can be found on the NHS website.

### SAFER INTERNET DAY

Tuesday 7<sup>th</sup> February is Safer Internet Day and Grove House will be promoting this all week. We will start off the week with an assembly focused on safety of photos online. On Tuesday, all pupils will undertake online activities appropriate for their age range. We would like to invite all parents/carers to help us with supporting this continued message of staying safe online. There are lots of resources on our website to help you.



### CASPA

We currently have a team from the Social, Emotional & Mental Health Support Team delivering the CASPA (Creating A Successful and Positive Attitude) programme to our pupils. This programme is aimed to develop self-confidence and a positive mind set in young people. 2R have just finished enjoying the sessions and 3H have previously undertaken these sessions.

### SEXUAL HEALTH SESSION

Last Monday three nurses from the school nursing team came in to Grove House to deliver a session on sexual health to parents & carers. Twelve parents attended and all found it very informative and helpful. This took place during our usual PTFA Coffee & Catch-up morning. The next Coffee & Catch up session is after half term on Monday 20<sup>th</sup> February at 9:30am. You are all welcome to attend.

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Registered Address: Sawyers Hall Lane, Brentwood, Essex, CM15 9DA



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## THE CHILDREN'S SOCIETY

Grove House School is delighted to be working in collaboration with The Endeavour School and would like our parents/carers to attend a coffee morning where The Children's Society will be present to discuss a fantastic free 8 week parenting programme. This will be held at The Endeavour School on Friday 10<sup>th</sup> February between 9:30am to 12:30pm. So please do come along. This is a fantastic opportunity to meet other Grove House parents along with Endeavour parents and enjoy tea & cake!



## YOUTH HEALTH CHAMPIONS

Cheryl Newson, our school nurse, has been coming in every week to deliver a session to Class 3P to enable them to become Youth Health Champions. She has covered a range of issues and pupils are engaging very well with these sessions.

## FORTHCOMING EVENTS

**Tues 7<sup>th</sup> Feb:** Metro Bank working with KS3 pupils (session 3)  
**Tues 7<sup>th</sup> Feb:** Safer Internet Day  
**Wed 8<sup>th</sup> Feb:** Tudor Day – 3P, 3H & 3D  
**Wed 8<sup>th</sup> Feb:** 6:30pm - PTFA meeting  
**Thurs 9<sup>th</sup> Feb:** Brentwood Library visit – 3D  
**Mon 13<sup>th</sup> Feb – Fri 17<sup>th</sup> Feb:** Half Term  
**Mon 20<sup>th</sup> Feb:** 9:30am PTFA Coffee & Catch Up  
**Tues 21<sup>st</sup> Feb:** Metro Bank visit 3D, 3H, & 3P

We would value your comments on any matters relating to your child's education at Grove House School. Please address these to Miss Christodoulides, Head Teacher