



# Grove House School

Sawyers Hall Lane, Brentwood, Essex, CM15 9DA  
Telephone 01277 361498

## Newsletter

Number 010

4<sup>th</sup> March 2016

### SPORTS RELIEF WELLY WALK



On Friday 18<sup>th</sup> March we are raising money for Sports Relief 2016 by going on a one mile walk in our wellies. This will take place in the morning and we are asking all pupils to bring in £1.00 which will be donated to Sports Relief. Please can all pupils remember to bring in wellies otherwise they may not be able to take part as the field will be very muddy. Thank you!

### FAMILIES IN FOCUS

Last Monday, Julie Neilson & Linsey Hyde from Families in Focus came to Grove House School. Families in Focus offer families advice and support and are a very helpful and approachable organisation.

Should you wish to contact them the details are as follows:

Email:

[helpline@familiesinfocussessex.org.uk](mailto:helpline@familiesinfocussessex.org.uk)

Website: [www.familiesinfocussessex.org.uk](http://www.familiesinfocussessex.org.uk)

### GO GIRLS

After Easter, staff from Brentwood Children's Centre will be delivering the "Go Girls" programme to our young ladies and hopefully a few pupils from other schools will join us. This is all about building self-esteem and keeping safe.

### WORLD BOOK DAY

Thursday 4<sup>th</sup> March was World Book Day which both pupils and staff participated by dressing up in their favourite book character. The pupils looked amazing as did the staff! Please remember to use your £1 World Book Token before it expires.



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## BIRDS OF PREY DISPLAY

On Wednesday 23<sup>rd</sup> March, Eden Falconry will be visiting Grove House and will put on a display of different species of Birds of Prey such as Owls and Falcon to all the pupils. There will also be a question and answer session and the chance to get a group photo with one of the birds.



## MENTAL HEALTH FIRST AID FOR PUPILS

Today Lesley Bailey from Inter Act come to Grove House to explain Mental Health First Aid to some of our pupils. This was a useful session, the pupils looked at how our mental health affects us on a day to day basis and were provided with helpful ways to have good mental health.

Lesley has very kindly offered to run this course for parents/carers after Easter. Please could you let Linda Newton know if you would like to attend. This is likely to be for four morning sessions. Lesley would need at least 10 parents/carers in order to run this very interesting course. Thank you so much!

## NEW MENU FOR SCHOOL MEALS

After the Easter Holidays there will be a new school lunch menu. Please see attached menu for details. As before there will be three options to pick from daily and the menus alternating on a 3 weekly basis. When we return on 11<sup>th</sup> April we will be on Menu week 1. If you have any queries with regards to this new menu please do not hesitate to contact us.



## FORTHCOMING EVENTS

- Fri 18<sup>th</sup> March:** Sports Relief Mile Walk
- Wed 23<sup>rd</sup> March:** Birds of Prey Display
- Thurs 24<sup>th</sup> March:** Easter assembly
- Fri 15<sup>th</sup> April am:** Archery for KS3 pupils
- Fri 15<sup>th</sup> April pm:** Go Girls
- Sat 16<sup>th</sup> April:** DoE overnight stay (tbc)
- Fri 22<sup>nd</sup> April:** Go Girls
- Fri 29<sup>th</sup> April:** Go Girls
- Sat 30<sup>th</sup> April:** PTFA Bingo/Beetle evening (details to follow)
- Tues 3<sup>rd</sup> May:** Inset Day – School Closed
- Fri 6<sup>th</sup> May:** Go Girls
- Mon 9<sup>th</sup> May:** Core First Aid Training for KS3 pupils
- Fri 13<sup>th</sup> May:** Go Girls
- Fri 20<sup>th</sup> May:** Go Girls

We would value your comments on any matters relating to your child's education at Grove House School. Please address these to Miss Christodoulides, Head Teacher